

Autism is Treatable.

www.autism.com The Autism Research Institute

www.generationrescue.org Generation Rescue

Greater Seacoast Doctors in the area that treat autism.

Lynn Durand, M.D.

Family Tree Health Care
81 Hall St.
Concord, NH 03301
ph: 603-228-7245
fax: 603-228-7406

Carol Englender, M.D.

160 Speen Street, Ste. 203
Framingham, MA 01701
ph: 508-875-0875
fax: 508-875-0005

Paul Millard Hardy, M.D.

Hardy Healthcare Assoc.
62 Derby St.
Hingham, MA 02043
ph: 781-740-8300
fax: 781-740-8242

Jeanne Hubbuch, M.D.

288 Walnut Street, Ste. 420
Newton, MA 02460
ph: 617-965-7770
fax: 617-965-7378

Laura Rubin, Ph.D.

Portsmouth Neuropsychology Center, LLC
2456 Lafayette Road, Suite 12
Portsmouth, NH 03801
www.portsmouthneuro.com
Tel: (603) 433-0800
Fax: (603) 457-5617

Gail Szakacs, M.D.

21 Main St, Ste C
North Reading, MA 01864
ph: 203-834-2813
fax: 203-834-2831

Recommended books.

"Unraveling the Mystery of Autism and Pervasive Developmental Disorder"
A Mother's Story of Research and Recovery, by Karyn Seroussi

"The Encyclopedia of Dietary Interventions" by Karyn Seroussi & Lisa Lewis
There are different diets used to treat Autism: Gluten/Casein/Soy free, the Specific Carbohydrate Diet (SCD) and the Body Ecology Diet (BED) are explained in this book.

"Healing the New Childhood Epidemics" by Kenneth Bock, M.D.

Web sites for Dietary Intervention.

www.autismndi.com Autism Network for Dietary Intervention

www.gfcfdiet.com

Gluten-free Casein Free Information

This website will teach you how to begin the GFCF diet. Karyn Seroussi recommends removing soy at the same time gluten and casein are removed; then re-introducing it months later, to see if your child reacts negatively to it. This website includes soy items, unfortunately.

www.allergygrocer.com

"Bette Hagman flour" is a combination of rice, potato and tapioca flours. It's a great substitute for wheat flour, and is available at this helpful website.

www.kirkmanlabs.com

GFCF & SCD vitamins & supplements

Local Support for Autism Spectrum Disorders.

Autism Society of NH

www.autism-society-nh.org

Improving the lives of all affected by autism through education, advocacy and support.

Autism Society of NH

PO Box 68

Concord, NH 03302

(603) 679-2424

info@nhautism.com

Easter Seals NH

www.nh.easterseals.com

Autism Network - 2 locations on the Seacoast:

The Family Place, at Cozy Corners Plaza

61 Route 27

Raymond, NH 03077
(603) 895-1522

Patti Rawding-Anderson, Director of Program Development Early Childhood Services
& Baby Steps Program Coordinator. Viki Gayhardt, Family Support Specialist

The Family Place, at McConnell Center

30 St. Thomas Street
Dover, NH 03820
(603) 740-3534

UNH Institute of Disability/UCED

www.iod.unh.edu

The NH Resource Center for Autism, Jan Nisbet, Director

10 West Edge Drive
Durham, NH 03824
(603) 862-4320
jan.nisbet@unh.edu

Seacoast Child Development Clinic

University of New Hampshire Institute on Disability/UCED
www.seacoastclinic.unh.edu

Seacoast Child Development Clinic
University of New Hampshire-Institute on Disability/UCED
312 Morrill Hall, UNH, Durham, NH 03824
(603) 862-0561 Fax (603) 862-0034
E-mail: Seacoast.Clinic@unh.edu

The Seacoast Child Development Clinic evaluates children, and assists families in making informed decisions regarding medical, developmental, and educational needs.

One Sky Community Services

(formerly Community Developmental Services, Region 8)

www.cdsregion8.org

(Formerly at the Parade Office Mall, currently at the address below)

755 Banfield Road, Suite 3, Portsmouth, NH 03801
(603) 436-6111 -or- Voice/TDD: (800) 660-4103

A non-profit company designated by the State of New Hampshire to provide access to the information, financial resources, and services that can profoundly improve the lives of Seacoast residents with developmental disabilities and acquired brain disorders.

Community Partners

Behavioral Health and Developmental Services of Strafford County, Inc.

(formerly Community Developmental Services, Region 9)

www.dssc9.org

113 Crosby Road, Suite 1
Dover, New Hampshire 03820
(603) 516-9300

inquiry@bhdssc.org

Community Partners provides community based services to residents of Strafford County with developmental disabilities. They are dedicated to the empowerment and support of individuals with developmental disabilities, chronic heart needs, brain disorders, and their families.

Parent to Parent of New Hampshire

www.parenttoparentNH.org
Parent to Parent of NH
Toll-free in NH 1-800-698-LINK
(603) 448-6393

Parent-to-Parent is a statewide network of families willing to share experiences. If you are a parent of a child with temporary or long-term special challenges, you may want to speak to a parent whose child has similar needs, someone who will understand.

ARRO Autism Respite Resource Outreach

www.arrocs.com/mission.php
ARRO Community Services
PO Box 507
Hampton Falls, NH 03844

ARRO provides respite care for families of a child with Autism.

Richie McFarland Children's Center

www.richiemcfarland.org
Richie McFarland Children's Center
11 Sandy Point Road
Stratham, NH 03885
(603) 778-8193

The Richie McFarland Children's Center serves children typically from birth to three years old. We also serve families with children older than three who may not be eligible for school system services but would benefit from further RMCC programs. Therapies include: Speech and language therapy, occupational and physical therapy, enhancement of social play and cognitive skills, family support and counseling.

PEEP - Portsmouth Early Education Program

Portsmouth Early Education Program (PEEP)
100 Campus Drive
Portsmouth, NH 03801
(603) 422-8228

The Portsmouth Early Education Program provides special education services to children 3-5 years of age who are identified as educationally disabled. PEEP also coordinates the Community School, an inclusive preschool model for children that leverages the ability of special education staff to serve all children in classrooms, including those with and without special needs.

The Birchtree Center

www.birchtreecenter.org

The Birchtree Center
33 Jewell Court, Suite 2
Portsmouth, New Hampshire, 03801
(603) 433-4192

The Birchtree Center operates an educational day program approved by the New Hampshire Department of Education that enrolls exclusively children and youth with autism. At our center in Portsmouth, New Hampshire, we offer 12-month, center-based programming. We also offer outreach programs.

Parent Information Center (PIC)

www.parentinformationcenter.org

Parent Information Center
PO Box 2405
Concord, NH 03302-2405
(603) 224-7005

800-947-7005n 1977, the New Hampshire Coalition for Citizens With Disabilities, Inc. established a Parent Information Center as a means of providing information, training and support to families of children with disabilities in New Hampshire. In 1995, PIC expanded services to families of disabled, non-disabled, and at-risk children through a system of interrelated services. The Parent Information Center is a recognized leader in building strong family/school partnerships and a pioneer in promoting effective parent involvement in the special education process.

NH Connections

www.nhconnections.org

Kyle Szczepanik, Assistant Director & Seacoast Facilitator
(603) 978-6651
kylenhcs@yahoo.com

NH Connections is strengthening family-school-community partnerships, increasing awareness of the Special Education Process, and connecting people to resources to help children succeed.

Families First Health and Support Center

www.familiesfirstseacoast.org

Keryn Kreigl, MS, Family Services Director
100 Campus Drive Suite 12, Portsmouth, NH 03801
(603) 422-8208 Ext.145

Families First, the Seacoast's community health center, offers primary health care for people of all ages, parenting and family programs, prenatal care, dental care and mobile health care for the homeless — all under one roof at the Community Campus. Our mission: To contribute to the health and well being of the Seacoast community by providing a broad range of health and family services to all, regardless of ability to pay.

NH Family Voices

www.nhfv.org

NH Family Voices

129 Pleasant St., Thayer Bldg.

Concord, NH 03301

800-852-3345 X4525

(603) 271-4525

Terry Ohlson-Martin, Co-director, (603) 271-8180

Martha-Jean Madison (603) 271-4653

Email: nhfv@yahoo.com

Support & referral network

NH Chapter of the Aspergers Association of NE

home.comcast.net/~aanenewhampshire/site/

NH Chapter Director: Shelley Viles, 603-357-3122, x 2145 or email sviles@antiochne.edu

Ass't Chapter Director: Robin Lurie-Meyerkopf

Leadership team: Elsa Abele, Teresa Bolick, Kip Deese-Laurent, Mary Young, Susan Mullen

Family Resource Connection of the NH State Library

www.nh.gov/nhsl/frc

Family Resource Connection, New Hampshire State Library

20 Park Street

Concord, NH 03301

Office Hours: Monday-Friday: 8:00 am to 4:30 pm

Toll-Free (NH only): 800-298-4321

Fax: (603) 271-2205

Email: FRC@dcr.nh.gov

Online lending library

Speech Connections, Seacoast

www.speechconnectionsseacoast.com

Speech Connections, Seacoast

104 Congress Street

Suite 401

Portsmouth, NH 03801

(603) 436-0735

Email: jilister1@comcast.net

Speech Connections, Seacoast, provides speech and language services to children and adults including in-depth evaluations, effective treatment programs, and consultation to families and school systems.

Seacoast Mental Health Center

www.smhc-nh.org

Seacoast Mental Health Center

1145 Sagamore Avenue

Portsmouth, NH 03801
(603) 431-6703

Seacoast Mental Health Center, Inc. (SMHC) is a private, not-for-profit agency governed by a volunteer Board of Directors. Seacoast Mental Health Center, Inc. is a comprehensive provider of psychiatry, counseling, and psychological services on the New Hampshire and southern Maine seacoast.

The Brichel Center of Neurodevelopment

www.brichel.com

The Brichel Center, Professional Association
20 Ladd Street, Portsmouth, NH 03801
(603) 334-3311
email: info@brichel.com

The Brichel Center offers assessments of a child or adolescent's psychiatric and neuropsychological functioning.

Newmarket Recreation Department

www.newmarketnh.gov/content/section/32/235

Newmarket Recreation Department

1 Terrace Drive

Newmarket, NH 03857

(603) 659-8581 Contact Anneliese Fisher

The Newmarket NH Recreation Department is inclusive of children with disabilities in their programs.